



ATMA Kalakshetram

...a new wing
@ Palakkal, Thrissur

Dance & Music Classes

HARMONY

Happier Living with
Healthier Relationships

The Official Newsletter
of ATMA Foundation





ATMA Volunteer of the Month April 2022

Congratulations!

Smt Santhi Reghunandanan

ATMA Volunteer of the month for April 2022, is our own Santhi chechi. Santhi chechi and her family have been pillars of support for ATMA ever since we began our journey. This month, we sincerely appreciate her wonderful efforts in mobilising resources for the ATMA Gurukulam Youth Home, which is set to commence soon. She has managed to almost fully equip the home, with all necessary household items. Great work, Santhi Chechi!!

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FOUNDER'S MESSAGE

April is the month of Vishu, which symbolises prosperity, and new beginnings. We celebrated Vishu at Gurukulam. Added happiness was Chinchina securing admission for BAMS, after clearing NEET.



We also started a new wing of the ATMA Kalakshetram at Palakkal with the support of Dr Shyam Mohan.

This year, looking forward, we plan to support over a 1000 underprivileged children through the Uyare project. Efforts are on to enroll them in the Uyare app. We have also been able to mobilise educational and nutritional kits for them.

Through such direct benefit programmes, ATMA is taking off into new horizons of service, bringing happiness, hope and empowerment to more people in need.

Seek the continued support and prayers of all our good well wishers..

Love,
C K Suresh

ATMA KALAKSHETRAM

A new wing of ATMA Kalakshetram has started functioning at Vinayaka Ayurvedic Nursing Home, Palakkal, Thrissur.

At a function held on 20th April 2022, Avinissery Village Panchayath president Sri Hari C Narendran inaugurated the new initiative. Sri C K Suresh, Director, ATMA Foundation, presided over the meeting. Dr Shyam Mohan P V, MD, Vinayaka Ayurvedic Nursing Home, Smt Geetha Sukumaran, Ward Member and Sri Ramakrishnan, President, NSS Karayogam Avinissery, offered felicitations.

Regular classes for Bharatantyam and Carnatic Vocal Music have already commenced here.



ATMA GURUKULAM

Chinchina has once again made all of us proud by clearing NEET exam and securing admission for BAMS at Vishnu Ayurveda College, Shornur. Her achievement will always be an inspiration to all our children at Gurukulam.



The children of ATMA Gurukulam celebrated Vishu with a beautiful Vishukkani, and a sumptuous sadya. ATMA Volunteers and their families also took part in their vishu celebration, giving the children 'vishukkaineettam', and spending the day with them.

The children also had an overnight camp at the ATMA office on 30th April, after the ATMA Family Get Together. The next day, ATMA volunteers took them for an outing in the city.

INTERNSHIP & FIELD VISIT

In April, 11 students from reputed colleges did their internship at ATMA. 50 Social Work students from Lissah College, Kozhikode along with 3 faculty members also came here for their field visit.

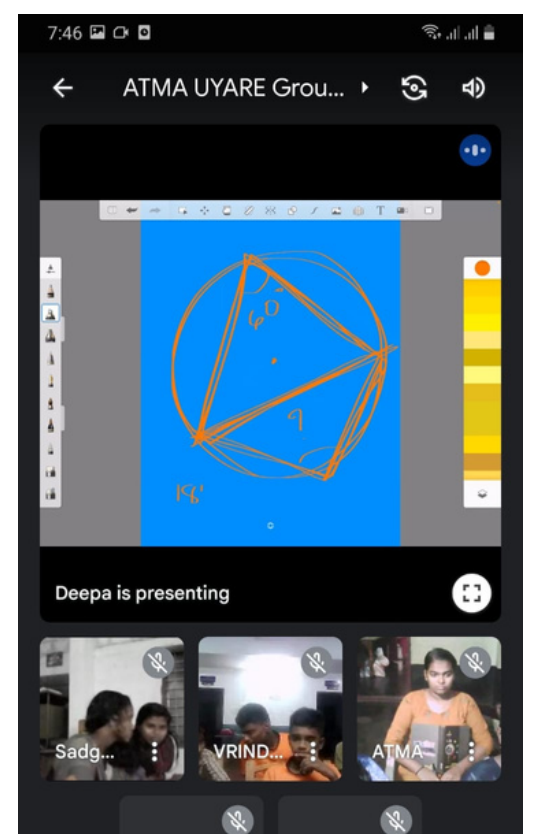
ATMA RAILWAY CHILD HELP DESK

12 children were rescued this month, and an awareness programme was conducted at the newly reopened Railway canteen on 27th April 2022.



ATMA UYARE

13 general sessions and 15 exam oriented classes were held in April 2022 for the participants of Uyare. We have provided special support to 31 children of class X and XII who attended their board examinations in April 2022.



ATMA REGULAR ACTIVITIES

The ATMA Monthly Family Get Together was organised on 30th April 2022. The ATMA Family Counselling Centre continues to offer free guidance and counselling support to people in need. Regular yoga training and practice sessions are going on at the ATMA Yoga Peethom

Support Us!

Donate.

Volunteer.

Spread the Word.

SCAN HERE TO PAY
WITH ANY BHIM UPI APP



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