



HARMONY

The Official Newsletter of ATMA Foundation

...Happy Living with Healthy Relationships...

CONTENTS

Founder's Message	...1
Partners' Roundtable: Sewa International / Training @ SMILE Foundation	...2
ATMA Gurukulam / ATMA Uyare	...3
ATMA Digital & Financial empowerment Center / ATMA Service providing centre	...4
ATMA FCC & CADDC / Family gettogether / Sessions by C K Suresh	...5
ATMA RADDC / Support towards projects	...6
Upcoming Events	...7

Founder's Message

Dear friend, Salutations!!

This month, besides working on regular projects, we also focused on planning for the upcoming programmes.



In December we plan to organise the 'ATMA Social Work Conclave' at Thrissur - a confluence of stake holders in the social development sector -the academia, policy makers, voluntary organisations and supporters, along with the public. We invite the participation and support of more volunteers, as this involves heavy organisational work and resource mobilisation.

We are also creating an opportunity to take part in the 'Aranmula VALLA SADYA' on 28th September. Here you are not only taking part in the valla sadya, but we are offering this as our 'samashti vazhipadu' with the contribution of all of us. Remember this is not just a ritual, but a great cultural traditional event, worth participating and watching. I invite you all to contact the ATMA office, collect more details and register at the earliest.

With advance Happy Onam wishes

See you at our Onam Celebrations

Love

C K Suresh



Partners' Roundtable: Sewa International



ATMA Foundation is a partner of Sewa International, for the Sewa Fellowship programme. Sri C K Suresh, Director, ATMA Foundation participated in the Partners' Roundtable held in Mumbai from 10th to 12th August 2024.

Training @ Smile Foundation



Ms Parvathy G, ATMA Foundation trustee, was invited to conduct a training organised by Smile Foundation at New Delhi, as part of their Empowering Grassroots programme, from 5th to 10th August 2024. The training was attended by 14 participants from 8 NGOs across India.

ATMA Gurukulam

This month, there were many opportunities for the children of ATMA Gurukulam to express their creativity. They made replicas of the Indian Flag on Independence Day, developed a thought-provoking skit to commemorate Sree Narayana Guru Jayanthi, and created a beautiful dance video on the occasion of Sree Krishna Jayanthi.

Ms Reshma P P secured admission to St. Mary's College, Thiruvalla, for her Bachelor of Education course. Ms Sharanya commenced a one-month internship at Gandhiji Naturopathy Center.

ATMA Uyare

In August, 71 online tutoring sessions were conducted. Beyond these sessions, ATMA Uyare has extended its efforts by offering comprehensive foundational classes in Mathematics and English. These classes are specifically designed to support upper primary and high school students, ensuring they build a strong academic base in these essential subjects.

ATMA DAFEC



ATMA DAFEC has successfully reached 132 total registrations, with 2 new students enrolling this month. Currently, 28 students are actively engaged in digital education through DAFEC. Additionally, 6 computer classes were conducted at Namboothiri Vidyalayam, significantly contributing to the students' digital literacy and skill development

ATMA SPC



1 case was reported at the ATMA SPC, Palakkal. On August 13th, Women's Cell, Little Flower College, Guruvayur hosted an impactful awareness program on Domestic Violence and the Dowry Act. The session was led by Adv. Gayathri T D, Legal Counsellor at ATMA SPC, and provided valuable insights to the 60 students who attended.

Family Get together



Our monthly Family get-together was held on 25th August at ATMA office premises. There were discussions on the upcoming programmes of ATMA Foundation.

Sessions by C K Suresh



A family harmony session was conducted on 15th August at Kolazhy, under the aegis of Souharda Street residents' association, with the participation of 80 families. A session on Adolescence was conducted in Chinmaya Vidyalaya, Kolazhy on 29th August, with the participation of 350 students.

ATMA RADC

8 students from St. Mary's College, Puthanangadi and St. Joseph's College, Irinjalakuda visited ATMA Foundation as part of their observation visit.

ATMA FCC & CADC

5 families sought help from ATMA Family Counseling Center & Child and Adolescent Development Center.

Support towards projects

The Rotary Club of Trichur extended a helping hand to the education projects of ATMA Foundation by donating a Smart TV and 5 refurbished laptops. The Inner Wheel Club of Trichur offered financial support to the ATMA Gurukulam Project. Kamal Welfare Foundation, Visakhapatnam has also provided educational assistance for the higher education courses of the senior children of ATMA Gurukulam.

Our sincere gratitude to all!

UPCOMING EVENTS

ATMA Onam Celebration

With ATMA Gurukulam Children @
ATMA Gurukulam, Puranattukara
on 14th September, Saturday (Uthradam)
from 10.30 am to 1 pm
For the Onam Get Together & lunch
thereafter

Vallasadya Vazhipadu by ATMA Family

The ATMA Family is collectively performing the traditional 'Vallasadya' offering at the famous Aranmula Sree Parthasarathy Temple.

Those who wish to participate in this offering may please contact us at the earliest.

Date: 28th September 2024, Saturday

Time of departure from Thrissur: 6 am

Time of return: 6 pm

ATMA Social Work Conclave 2024

The mega- confluence of leaders & stakeholders in the development sector..

6th to 8th December 2024 @ Thrissur

Save the Date!

And stay tuned for updates!

Support Us.

Volunteer.

Donate.

Scan this QR code
to make your contribution



or click this link to go to our donations page
<https://www.atmafoundation.org/donate.html>



ATMA Foundation

info@atmafoundation.org

www.atmafoundation.org

Connect with us



HARMONY | August 2024