



Raising Day

8th May 2022



HARMONY

Happier Living with Healthier Relationships

The Official Newsletter of ATMA Foundation





Ms Sandra & Ms Anjali

Sandra & Anjali, MSW students of IGNOU, had interned with ATMA Foundation in April- May 2022. They took up some very responsible and tedious tasks and completed them with efficiency and dedication. Their work was much beyond their call of duty, and they have truly become a part of the ATMA Family! Thank you, Anjali and Sandra. You have amazed us with your commitment and perseverance! We really appreciate your volunteering spirit.

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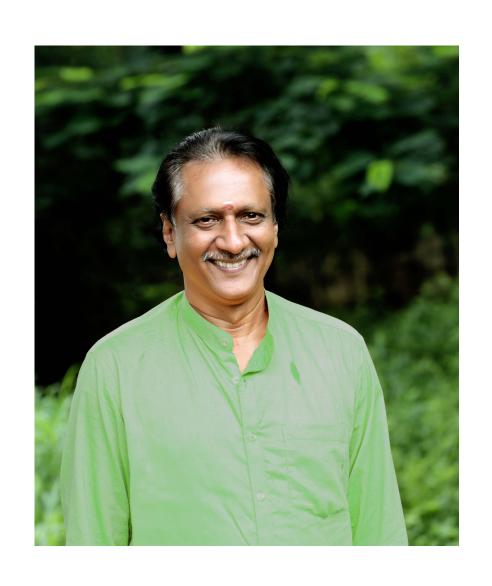
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ATMA Gurukulam ATMA RCHD

ATMA Research and **Development Center**

FOUNDER'S MESSAGE

16 years of serving the community.. It was indeed a moment of happiness, as ATMA celebrated the 17th Raising Day in May 2022. Much love shared.. Much hope kindled.. Many smiles created.. this has been the journey of ATMA..



The ATMA Family Get Together on the Raising Day was indeed a celebration of love, happiness, togetherness and service. When we all shared our experiences with ATMA, it brought back so many good memories. It also gave the newcomers a glimpse into the spirit of being an ATMA Volunteer. We could also give special appreciation to our Best Volunteers.

The Volunteers' Conclave was another occasion to consolidate and channelise this positive energy into the ground work of ATMA. It was wonderful to see more people coming forward to join our volunteer team too.. I welcome you all to create transformational impact in people's lives..

Looking forward to many more years of celebrating service..

Love, C K Suresh

ATMA Raising day

17th Raising day of ATMA Foundation was celebrated on May 8th 2022 at ATMA Foundation office premises, Thrissur.



The distribution of educational kits was inaugurated by Dr Lakshmi Krishnamoorthy & Dr Krishnamoorthy. Sri Mukundan Marath, a senior well wisher of ATMA, inaugurated the distribution of food kits





ATMA Volunteers & well-wishers, children of ATMA Gurukulam and representatives from the CCIs who are part of te Uyare project, shared their experiences. Short presentations on various ATMA projects and programmes were also given. Sri C K Suresh, Founder - Director, gave the Raising day message.











ATMA Volunteer of the Month awards were distributed to Ms Aswani, Smt Radhika Mohan and Ms Sangeetha for their contributions to ATMA. Smt Niveditha Sivadas was acclaimed as the Volunteer of the year 2022, for putting her heart and soul into all our work at ATMA. Ms Nisha Jayarajan, daughter of senior ATMA Volunteer Sri C N Jayarajan, was felicitated for her unique achievement of publishing her first book - a collectrion of her own poems.







ATMA UYARE

ATMA Foundation in association with Thrissur Childline organized a summer camp "Kuttikootam" for students in 10 different Panchayaths - Kadukutty, Koratty, Varavoor, Madakkathara, Choondal, Vadanappally, Poomangalam, Kattakambal, Mullassery and Porkkulam. Interested students from these camps were enrolled into ATMA Uyare classes.



Educational Kits Distributed

Educational and nutritional kits were distributed to 900 plus underprivileged children living in Child Care Institutions, and also with their parents. 28 CCIs were supported.













ATMA GURUKULAM

A reading workshop guided by Mrs Susheela C P, Retired Malayalam professor, Sivagiri Vidya Nikethan was condiucted for the children of ATMA Gurukulam by student interns of St Joseph's college, Irinjalakuda.

Support Us! Donate.

Volunteer. Spread the Word.

> **SCAN HERE TO PAY** WITH ANY BHIM UPI APP



ATMA FOUNDATION

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