



HARMONY

The Official Newsletter of ATMA Foundation

...Happy Living with Healthy Relationships...

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FOUNDER'S MESSAGE

Blessed Self, Salutations!!

Yet another exemplary month for ATMA. We are filled with pride as we witness the progress made in our various projects and campaigns.



Team ATMA had the privilege to be a part of the 10th India CSR Summit and ESG Forum 2023 held at New Delhi.

We are happy that we could distribute 20 more laptops as a part of educational and livelihood support programme, with the support of National NGO's Confederation

It's my pleasure to inform that our new project, "ATMA Vayobandhu" has begun its journey with a pilgrimage trip and we await many more activities in the near future.

It is the month of festivities and ATMA Kalakshetram students got opportunities to perform in different temples.

We seek blessings from the Almighty to shine on each and every one associated with ATMA.

Teamwork has the incredible power to increase productivity. Let us work together to spread more joy around us.

Love,

C.K Suresh

INDIA CSR SUMMIT



Sri C K Suresh, Ms Parvathy G & Ms Sangeetha N represented ATMA Foundation at the 10th India CSR Summit and ESG Forum 2023, held at Hotel Pullman, New Delhi, on 11th & 12th October 2023. ATMA had put up an exhibition stall at the venue, showcasing our various projects and activities. It was a wonderful opportunity to network with different non-profit and corporate agencies across the nation, working in the development sector

Educational Support Initiative



As part of our Educational Initiative program, ATMA, with the support of National NGO's Confederation, was able to distribute HP laptops to 20 deserving students.

ATMA KALAKSHETRAM

During Navaratri, our Kalakshetram dance students performed at various temples like Thiruvambadi Sri Krishna Temple, Kunnathully Sri Gopalakrishna Temple, Panamukkupilly Sri Dharmasastha Temple and Kolazhy Kottaram Sri Mookambika Temple.



On the auspicious occasion of Vijayadashami, started new batches for dance and music classes at our Kalakshetram centres - Thrissur, Palakkal & Kolazhi. .



THOSE WHO WISH TO LEARN DANCE & MUSIC CAN SEEK ADMISSION AT ATMA KALAKSHETRAM IRRESPECTIVE OF AGE!

ATMA VAYOBANDHU

Our innovative new project “ATMA Vayobandhu” has taken its baby steps. Our team of senior citizens took a one day pilgrimage to Mathikkunu Bhagavathy Temple & Thrikkur Mahadeva Temple. The entire team returned happy and blessed.



ATMA DAFEC

ATMA DAFEC conducted various classes on financial literacy in various panchayats this month like Pavaratty, Nattika etc. 115 people benefited from these classes.

9 new students have registered at ATMA DAFEC this month. We have a total of 46 students studying various computer courses.



ATMA GURUKULAM



Our girls at ATMA Gurukulam celebrated Navaratri by arranging 'Bomma Golu'.

The children had a two-day camp at ATMA office premises during the pooja holidays. ATMA volunteers took the children to visit nearby temples and watch the Navaratri cultural activities.

ATMA UYARE

ATMA Uyare has conducted 101 classes this month, for students from standard 5 to college level, including special Communicative English sessions

FIELD VISITS

21 MSW students from MES College, Vadakara and 46 BSW students from LISSAH College, Kozhikode conducted their field visit to ATMA Foundation, with their faculty members.



ATMA SPC , CADC and FCC

Two women sought help from ATMA SPC this month. The ATMA SPC, in coordination with The Inner Wheel Club, Thrissur, conducted an awareness class on sexual abuse for the students of classes 5,6 and 7 at St. Sebastian GHSS, Nellikunnu on 13th October, 2023. 200 students attended the session. Adv Gayathri T.D and Ms Masleeha Majeed handled the sessions.



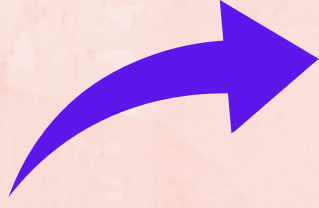
3 children reached out for help at the ATMA CADC and five families took help from the ATMA FCC.

ATMA VOLUNTEER DEVELOPMENT

The monthly family get together was held at ATMA Gurukulam, with cultural programmes by Gurukulam children & ATMA volunteers.

ATMA Volunteers get together was held on the auspicious day of Vijayadashami at the ATMA Office, Paliyam Road, Thrissur.

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