



# HARMONY

The Official Newsletter of ATMA Foundation  
*...Happy Living with Healthy Relationships...*

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## FOUNDER'S MESSAGE

### Blessed self, Salutations!!

Team ATMA has been able to take up some good initiatives this month also.



A screening camp was conducted to identify children and adults with cleft lip or cleft palate, & offer them remedial surgery fully free of cost at Kinder Hospital- thanks to Operation Smile and Inga Health Care.

We could give school kits to 27 children, medical assistance to 29 deserving persons and financial support to a family to construct their house.

A free Ayurveda medical camp was conducted in association with Coimbatore Arya Vaidya Pharmacy.

My heartfelt gratitude to all our volunteers and well wishers for the support and optimism that has made ATMA what it is today. Our team effort has made everything possible.

Love,  
C.K. Suresh



# Congratulations!



Our own Ms. Parvathy. G is now a certified trainer of Change the Game Academy (CtGA) in Local Fundraising. CtGA is an international agency which works for capacity building of Non profit and Civil Society Organisations. Parvathy represented ATMA Foundation for an online CTGA training in 2021 and was consequently offered this opportunity. She completed her two week Training of Trainers in Addis Ababa, Ethiopia in June and will be conducting her first training in Delhi in July this year. A proud moment for ATMA !!!



## HEALTH CAMPS

ATMA, in association with Operation Smile and INGA Health Care conducted a screening camp on 25th June, 2023 for children and adults with cleft lip and cleft palate. Those in a suitable condition have been offered free remedial surgery at Kinder Hospital, Kochi.



ATMA Foundation in association with The Arya Vaidyasala Pharmacy Coimbatore Ltd and Dhanya Lab, Thrissur conducted a free medical camp at our premises on 24th June, 2023. There were 56 participants who benefitted from the camp.

Dr. Rajasree and Dr. Arjun were the consultant physicians at the camp.





## DIRECT BENEFIT PROGRAMMES

ATMA Foundation provided medical aid to 29 deserving persons, and financial support to a family to build their house.



## Educational Kits

We distributed educational kits to the parents of over 27 children who hailed from economically backward circumstances.





## **ATMA UYARE**

ATMA, under the project Uyare, has been conducting online English sessions during vacations and now since schools have commenced, we have resumed our regular online sessions.

UYARE has conducted 77 regular sessions in June for students of standard 5 to 12.

## **ATMA DAFEC**

ATMA Digital & Financial Empowerment Centre conducted 7 classes this month in Kaiparambu, Puttekkara, Mundur, Mundappilly, Ezhamkallu and Puthusseri. 100 people benefitted from these classes, which provide knowledge on financial security and fraud and the basics of digital literacy.

## **ATMA GURUKULAM**

7 new children joined ATMA Gurukulam this month. Adithya and Saniya got admission for +1 in Sree Sarada School, Puranattukara. The children have restarted their vegetable garden in earnest. They also participated in an online training programme by National Institute of Public Cooperation & Child Development.

A complete medical checkup was carried out for our Gurukulam children by Dr. Krishnamurthy & Dr. Lakshmi Krishnamurthy. Our sincere thanks to both of them!



## ATMA RAILWAY CHILD HELP DESK

A total of 18 cases were reported at RCHD. A signature campaign was conducted on 12th June, on the occasion of Anti Child Labour Day.



## ATMA SERVICE PROVIDING CENTRE

ATMA Service Providing Centre, Palakkal, intervened in 2 cases this month. Adv. Gayathri took classes on Domestic Violence Act for our interns from various colleges from different states of India.

ATMA SPC also took a class for members of Malayala Brahmana Samajam.

## ATMA FAMILY COUNSELLING CENTRE

The work of the ATMA Family Counselling Centre is going on, providing counselling to people in need, at both its centres- Thrissur and Palakkal.



## UPCOMING EVENTS

# CELEBRATE 55+

Half-Day Workshop on  
**GRACEFUL AGEING**

### DATE

**29th July 2023, Saturday**

### TIME

**8 am to 2pm**

**@YWCA Hall, Thrissur**

**For Details & Registration**

**Ph: 0487-2325232, 8330010042**

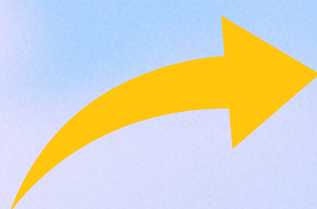
**[For registration click here](#)**





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