



HARMONY

The Official Newsletter of ATMA Foundation

...Happy Living with Healthy Relationships...

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FOUNDER'S MESSAGE

Blessed self, Salutations!!

As another financial year ends, we at ATMA are looking back with some joy. We could revive our programmes on the ground after the difficult times.



Through the ATMA DAFEC project, we have reached out to more people in the coastal belt in March.

Salutations to Womanhood.. On Women's Day, HEF came forward to associate with us, to organise a vocational training programme for women and an awareness session about Government loans and schemes for entrepreneurs. Thanks to the HEF team!

Team work always brings good results.. Our volunteers worked together to mobilise resources for our activities through the Give Fundraising Challenge 2023. We could raise some amount through crowdfunding, and also win some matching grants.

My sincere gratitude and love to all our dear volunteers who actively participated in this campaign!

Now, we are looking forward to more good programmes and service projects in the coming days.

Wishing you all a HAPPY VISHU!

Love,

C.K Suresh

Congratulations to our star fundraisers!!



Smt. Radhika Mohan



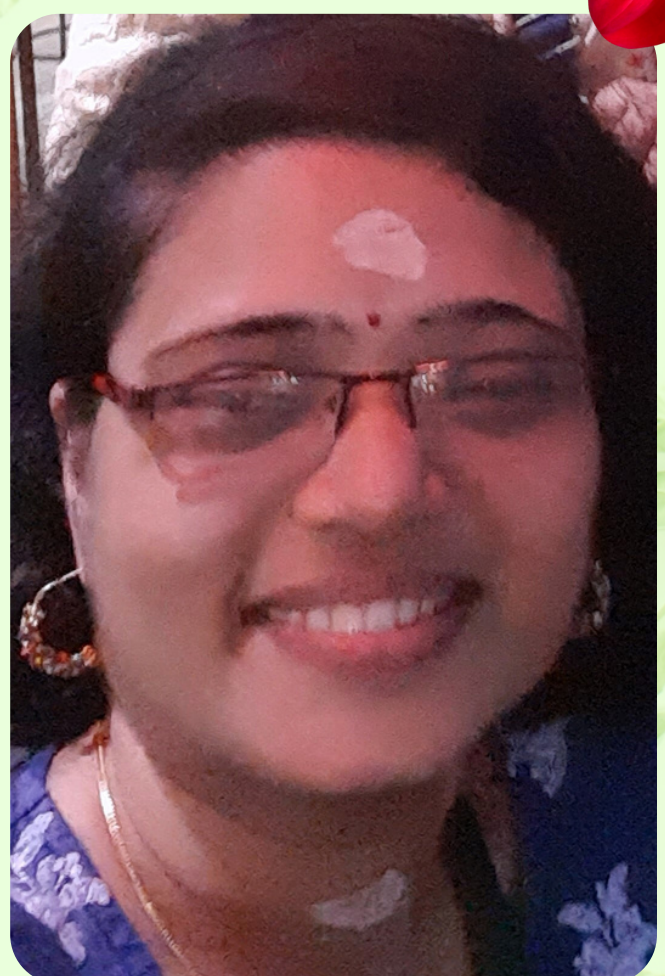
Smt. Reshmi Praveen



Our special appreciation to those who have put in the extra effort to mobilise maximum resources from maximum people during GFC 2023..
Thank you!!



Sri. Anoop K Mohan



Ms. Gayathri T.K

Women's Day

On the occasion of International Women's Day, Hindu Economic Forum, Thrissur, in collaboration with ATMA Foundation and Laghu Udyog Bharati organized a vocational training program and an awareness about loan schemes financed by Central Government. The programme, conducted on 8th March at ATMA Foundation Yoga hall, was inaugurated by Sri.C.K.Suresh, Director, ATMA Foundation. The sessions were led by Sri.M.A.Venkatesh, President, HEF Thrissur, Sri. P.S.Rajesh, National Coir Board member & Laghu Udyog Bharathi State General Secretary and Smt.Deepa Nair, Founder, D N Creative Solution.



ATMA Digital & Financial Empowerment Centre

Under the auspices of ATMA Digital and Financial Empowerment Centre, 16 sessions on Digital & Financial Empowerment were conducted in Mathilakam, Thalikulam, Chavakkad, Cherpu and Puzhakkal blocks in March.



ATMA DAFEC is also planning computer classes for children during summer holidays.

ATMA Railway Child Help Desk



16 cases were reported last month. Child Help Group Meeting and monthly meeting were held as usual.

ATMA UYARE



There were 75 sessions conducted in March. Teachers provided exam-focussed lessons to the students from Std 5 onwards, to Undergraduate classes. They also gave the students motivation and support to write the exams well.

ATMA GURUKULAM

- The children of ATMA Gurukulam were given special exam oriented classes and counselling support in March, along with regular value education sessions.
- 3 students wrote the SSLC examination.
- Anupriya bagged first position in high jump in the college sports meet at St.Mary's College, Thrissur.

Our senior student Sreelakshmi P R joined for PhD in Social work at Central University of Kerala, Kasaragode.

ATMA Service Providing Centre

In this month the ATMA SPC has attended 1 case.

The ATMA SPC team took classes on the Domestic Violence act at Paliyam Road Residents' Association on 30th March and at Puthrakavu Road Residents' Association on 31st March 2023. The classes were taken by Adv Gayathri T D, Legal Counselor, ATMA SPC.




Ms.Masleeha, Counselor, ATMA Family Counseling Center, Palakkal and Ms.Reshma, Child Welfare Officer, ATMA Gurukulam, attended a one day wokshop on 'Protection of Women from Domestic Violence Act' held at Thiruvananthapuram on 20th March 2023.

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